

# TENPIN TIP TIME

TIMING THAT COUNTS!



Beginning October 24th, Sun Valley Lanes center instructor Dwyane DaMoude will be available for one hour prior to your league starting time to answer any questions you may have. He will also offer easy to follow tips and drills to help you feel and perform better with your bowling game.

## What can Dwyane do for you?

- Be more confident and relaxed
- Have a better understanding of your game
- Make more spares and strikes
- Have a lot more FUN on your league nights

Time slots will be available for one hour prior to all leagues on a bi-weekly basis.

Please take advantage of these structured times to help you learn how easy it can be to improve your game!

### *A message from Dwyane;*

I may not be able to guarantee everyone a 230 average, but I do promise you will have more confidence and fun than you have ever had bowling before. I look forward to seeing you on the lanes in the weeks ahead!

*Dwyane DaMoude*

*Your Sun Valley Lanes center instructor and USBC, Ritger Academy, IBPSIA certified instructor*

Available times are for ALL Sun Valley Lanes league bowlers!

## Jan/Feb 2012

January 1st - 14th

January 30th - February 12th

### Monday

Open Youth Clinic (G8-12)  
4:30pm - 5:30pm  
All Ages - 5:30pm - 6:20pm

### Wednesday

All Ages - 3:30pm - 4:30pm  
All Ages - 5:30pm - 6:30pm

### Friday

All Ages - 5pm - 6pm

### Saturday

Youth - 9am - 12pm  
All Ages - 3pm - 4pm

January 16th - 29th

February 13th - 26th

### Sunday

All Ages - 3pm - 4pm  
All Ages - 5pm - 6:20pm

### Tuesday

All Ages - 5pm - 6:20pm

### Thursday

All Ages - 5pm - 6:20pm

### Saturday

Youth - 9am - 12pm

